

Hywelian Guild

2016



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Cover :

The Hywelian Badge

HYWELIAN GUILD 2016

One of the highlights of 2015 for me was a trip to see Japan's wonderful gardens. It was the longest journey that I have ever made; and long flights and coach trips gave me the opportunity to muse upon how travel has diminished the size of the world in the last 50 years or so.

My thoughts wandered to the task awaiting me upon my return - putting together this magazine. Thinking about the task of collecting, collating and editing the content is invariably worse than the practice - once I'm in

gear, the whole thing becomes a huge pleasure as I learn about your goings on, your lives after school, and sadly, lives that are no more. I'm always in awe of how Hywelians make their mark on the world and where they end up.

I do hope that you enjoy this year's Magazine. As always, I'm exceedingly grateful to the Editorial Committee, particularly the Membership Secretary (Joyce) and the Guild Secretary (Sue) for their continued support and encouragement.

Summer Lunch

Our Summer Lunch for 2016 will be on **Saturday 25th June 2016**. Tickets must be purchased in advance, and will cost £20.00, but will include all food and drink.

Tickets will be available from Sue Rayner and Joyce Shields (see e-mail addresses in the list of Committee Members) and from the School Office. Cheques

should be made payable to the *Hywelian Guild*.

You might like to consider getting together with a group of friends to book a table in advance, so that you are assured of sitting together for maximum info exchange!

We would be particularly delighted to see Hywelians who left School prior to 1954 to join us at the lunch this year.

A LETTER FROM THE PRESIDENT

Principal Sally Davis summarises exciting developments for the school in the coming year.

It has been another exciting year in Howell's. Numbers have remained strong and we are continuing with our ongoing development and refurbishment of the site. We are currently appealing, having been refused planning permission for the Astro turf and Pavilion.

I am delighted to tell you that the Trust has approved the restoration of both the external and internal aspects of the Great Hall following a detailed evaluation study by Michael Davies, Wales' premier conservation architect, who will also manage the programme, scheduled to commence in mid July 2016 for a period of up to 9 months at a cost of around £700,000.

We are also redeveloping the Workshop which is on the Junior School site at the end of the lane. There will be a café, an open learning space and interesting discussions are being held on how to use the top floor. Watch this space!

As you know Howell's School is made up of a wonderful community of staff, students, parents, former parents, alumni,

governors, friends and corporate supporters. The Development Department at Howell's School is committed to increasing the members of its community and, after much thought and debate, in the summer of 2016 we are embarking on our first telephone campaign. The main aim of the campaign is to make affinity calls where we hope to encourage many more alumni back to school for our varied events. The telephone campaign is about our community: it isn't fundamentally about monies raised, or legacies. It is about friendships and sharing of knowledge. It's about bringing together a group of people with a common purpose. When you have that, you can move mountains.

As ever it will be lovely to see you in School, or catch up with you at an out-of-school event.

*Sally Davis
Principal*

DEAR HYWELIANS,

Secretary Sue Rayner reports on a very busy year for the Guild.

Well, here we are in the 110th year of the Guild, still going strong. I wonder whether Miss Kendall ever imagined that the organisation she founded and encouraged would still exist after all this time, particularly when there are so many more ways for people to keep in touch than there were in those days.

It has been another very busy year at school, and those of us who live in the Cardiff area are so lucky to be able to join in so many of the activities: concerts, Founders' Day Assembly, Cocktails at Christmas and this year the most spectacular production of *The Sound of Music*. What the staff and pupils achieved with this show was nothing short of amazing, given that they only had six weeks to put it together. Congratulations to everyone who was involved.

On the Hywelian front, several year groups have had a get-together at school and greatly enjoyed themselves. We hope that many will come back to our Summer Lunch in June. Those of you who have been coming

recently might not know that quite a bit of the food has been provided and made by Committee Members, which has enabled us to keep the cost the same for years in a row. However, we have to make changes for the coming year, as a

“What the staff and pupils achieved ... was nothing short of amazing...”

consequence of the introduction of new food regulations concerning ingredients and allergens, and school will be producing all the food from now on, and (sorry!) we will have to put up the price as a consequence. You'll find the details elsewhere in the magazine.

Once again, you have sent us wonderful news for inclusion in the magazine – thank you so much. I wish you all a happy and successful 2016, and please keep letting us know what you are doing!

With best wishes,

*Sue Rayner
Hywelian Guild Secretary*

WHO'S WHO IN 2016

Please note that, as the magazine is also being produced in an online version accessible to all, for security reasons we have not printed private addresses and telephone numbers. For those Hywelians wishing to make contact who do not have email access, please contact the Committee via School.

OFFICERS AND COMMITTEE

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Officers and Branch Secretaries serve in a voluntary capacity, with appointment approved at the AGM. There is always a welcome to anyone wishing to serve on the Committee: please contact the Secretary for further details.

BRANCH REPORTS

If you are a Hywelian now living away from Cardiff, joining a branch is a way of keeping in touch with fellow Hywelians. Contact details of Branch Secretaries may be found on page 7

SOUTHERN BRANCH

Carol Evans (née Diamond) was Secretary of the Southern Branch for 12 years to 2015. She organised two meetings a year in September and April and sent regular donations from the proceeds to the Hywelian Guild. Initially, these meetings were held in rotation in members' homes. Latterly lunches were held in an hotel at Lyndhurst in the New Forest.

While on a New Year's holiday in the Canary Isles, Carol was taken ill. After returning to Southampton with her husband David, Carol was taken into hospital and sadly passed away some days later. Diana Newson (née Douglas) and I went to the funeral service in Bitterne Church on March 3rd 2015.

This sad news will have come as a shock to Branch members. Many regular attendees had been at HSL with Carol in the late '40s, leaving school in 1951. Carol taught in several schools in the Southampton area. She and David spent several months each year in South Africa and arranged fundraising events to provide support for a South African crèche, primary school and youth football teams.

If anyone wishes to contact another Branch member I can help with that, as Sue Rayner has passed Branch members' contact details to me.

Unfortunately, no further meetings of the Southern Branch are planned unless someone comes forward to take on the role of Secretary.

Suzanne Hudson (née Powell)

SCOTTISH BRANCH

After a couple of false starts, the Scottish Branch met for lunch on 9th October 2015. There were four of us: Mave Ersu, Barbara Trengrove, Jean Coleman and

Caroline McLean. We met at our usual venue, The Parklands Hotel in Perth. They look after us well and it's nice and central, very important when you



consider that the three of us travelled from the Highlands, Dumfries and Galloway and Aberdeen. It was lovely to catch up with everyone's news and to enjoy much reminiscing about days at HSL.

We hope to return to a summer meeting in 2016, probably at the end of June. If other Hywelians are planning holidays in Scotland next

summer, they will be very welcome to join us.

Caroline McLean (née Robison)

BRIDGEND BRANCH

We held our usual three meetings during 2015. Eleven Hywelians attended our spring lunch in the Grove Golf Club South Cornelly; in spite of low numbers, we all enjoyed a chat. In the summer we again enjoyed supper in the Cottrell Park Golf Club.

Our most popular get-together was the Advent Service on December 1st in Holy Cross Church, Cowbridge, followed by lunch in the Bear Hotel. The service was planned and taken by the new Rector, Rev Stephen Adams and the service sheets were printed by David Jones, who works in the Parish Office. Both gave their help free of cost, for which we thank them. The church was beautiful with the many trees in a Christmas Tree Festival. Sally Davis attended with four

members of staff and about fifteen Year 7 students, one of whom read a poem. There were 31 attending the lunch, including Catherine Coulson and Ann Rees, both visiting from the West Wales Branch, and there were two new members.

Congratulations to Enfy's Brown, who was Treasurer of the branch for many years: she celebrated her 90th birthday in 2015.

Two members, Mair Thomas and Margaret Lewis, have moved into nursing homes during the year because of failing health.

Peggy Lewis of Cowbridge died in

January following a short illness. She was very active until a few weeks before her death. We send our condolences to her sons and their families.

We plan our usual three meetings for 2016: the provisional date for the spring is 15 March at the Grove Golf Club. Please contact me for further details.

Pat Parry

patparry@greyholme.com

WEST WALES BRANCH

We held our customary two meetings during 2015; the first was hosted by Hazel James (Swansea,) the second by Ena Davies (Burry Port.)

On both occasions, we enjoyed a delicious buffet lunch (and one another's company!).

Our next reunion will be held on Saturday May 14, 2016 in Loughor.

Catherine Coulson

LONDON BRANCH



We had our usual tea party at the Drapers' Hall on April 25. It was very well attended and we were delighted to welcome some of the younger members of the Guild who are now

studying in London.

A lunch party was held at Brasserie Blanc on the Southbank on 7th November; there were 18 of us present and Vanessa Yilmaz came from Cardiff to speak about current happenings at School.

On 22 January 2016, we will be very fortunate to have the opportunity of a guided tour of Drapers' Hall, we look forward to seeing members and their partners. All are welcome!

Diana Paul

*And finally, there is a message and picture from our 'twig' in **California** - too small (yet!) to be a proper branch!*

‘Karen (Plambeck, née Millar) and I have had a fairly quiet time here in CA - the big news is the Drought - I tell people to imagine the summer of ‘76 one hundred times worse. We are hoping for some big winter storms to bring much needed rain and snow this year.



‘The photo shows Karen, myself and Catrin Gerallt (Catrin Gerallt Evans at school) enjoying a get-together at Karen's house. Karen and Catrin were in the same year at school; Catrin was in the sixth form when I was an UIII and LIV. We reminisced about Catrin playing the piano for Junior Prayers in the Gym. We laughed a lot about the various ways to get in trouble at school without even trying, and how easy it was to misjudge Miss Lewis' response to a situation. It was a lovely evening and Karen and I hope that other Hywelians are inspired to give the CA Hywelian Branch meetings a try - maybe we can even host the 1st Annual USA meeting!’

Debbie Buss (née Ward)

WHAT ARE THEY UP TO NOW?

It's always good to hear from Hywelians all over the world and what they are up to. We are unfailingly impressed by your achievements.

DR ERYL HICKS (*née* Howe) became a Member of the Order of The British Empire (MBE) last year for her services to the NHS and to PONT Mable Coalition against poverty which is principally involved the development of medical services in Uganda. Eryl is a Consultant Radiologist at the Royal Glamorgan Hospital. Her sister Elizabeth Howe OBE (married name Bligh) recently received an Honorary Doctor of Laws from the University of Kent. Elizabeth lives in Kent and practises as a lawyer with an international organisation. Their mother Katherine Howe, taught in Howell's for over 15 years and passed away in 2011.

SYLVIA HORNER (*née* Maskew) writes: 'I needed a heart bypass last December. My daughter Sue Brown (HSL 1966/9) came home from Australia to take charge and stayed for 10 weeks. It was wonderful - almost worth the frustrations after the op. Now, fortunately, I am back to most of what I should be doing at my age, including jamming the 54 odd pounds of greengages off my one tree!'

BRIDGET BOX (*née* Matt) left school in 1977, and writes: 'I'm

living in Barry with my husband Mike and an ageing one-eyed Westie called Forty. I work as a Software Test Analyst at Admiral Insurance and I'm also very busy as Secretary of a local charity raising money for the Welsh Island of Flat Holm in the Bristol Channel.

'My hobbies include lighthouses, motor caravanning, real ales, *Only Connect* and music festivals.

'I'm in regular contact with Kerry-Jane Elsdon (Kez) via Facebook and would love to hear from others in our year. About time we had a reunion!'

NICOLA ALLISON tells us: 'I left Howell's in 1983, became a doctor, lived in NZ for 14 years, and married a Kiwi. In 2001, we took over my parents' vineyard in Bordeaux.



'We now produce the official wine for the Royal Welsh regiment, and

I had the honour to meet HM The Queen in June where our wine was served at a private lunch during the inauguration of the Royal Welsh regiment flag.'

(A press release giving further details and website addresses can be found in the online Appendix—Ed)

EIRA CULVERWELL was a pupil at HSL, along with her mother and aunt. She also taught in the school. Here she outlines an exciting initiative run by her company.

Over the last year, my company, RESOLVE it, has been providing Howell's with some PSE (Personal, Social and Health Education) workshops in personal safety.

RESOLVE it provides training and workshops in how to stay safe. We specialise in using personal safety to engage, teach life skills and develop strategies to cope with challenging situations using four principles:

- Awareness: how to assess people, objects, places;
- Avoidance: how to have fun while avoiding potentially dangerous situations;
- Dialogue: recognising anger triggers and learning anger diffusers;
- Action: the last resort, if all else fails, to use self defence moves to escape.

Personal safety and self defence workshops teach simple and effective breakaway techniques as well as covering the legal aspects that are associated with the use of self



de-
fence.

RESOLVE it also runs a Superhero Academy for Key Stage 2 (KS2). Children in KS 2 follow superheroes on a journey of life and self-defence skills, progressing through the stages of the Superhero Academy with workbooks and interactive games to learn and harness the values of becoming confident, respectful and empowered individuals.

More detailed information about Eira's company can be found in the online appendix, along with links to video material

JANET WILLIAMS (née Hustwick) (HSL 1958-65) asks:

'What news?

'I am officially retired but still involved in examination work.

'Both my husband Richard and I continue to sing seriously.

'We now have three grandchildren. More interestingly, our son, who is a lecturer at Aberystwyth, brews beer and has just brewed his 100th batch since he set himself up as the Seren Brewing Company. He has several outlets, including some in Cardiff, and has a licence to sell from the house. He and his family live in north Pembrokeshire.

LAURA NEVILLE left Howell's ten years ago. She reports:

'My daughter Sophia Neville-Roberts (*see photo below*) joined Howells Junior School this September (2015). Mrs Davis was my geography teacher, then became deputy head and in due course, Principal. She was very welcoming and excited to see me back and to have Sophia join the School.

It's lovely to be back at Howell's—and very nostalgic! I'm thrilled that Sophia will be a Hywelian and that she will have as fulfilling education as I did at Howell's. I hope her days at Howell's are as happy as mine were; I am immensely proud of her and all she will achieve in her education. She has already joined the hockey team, football club, Spanish club, speech and drama and has started to learn the violin,



thus proving that Howell's still offers the all-round education that I enjoyed.

JUDITH (JUDY) HORNUNG (née Zeidman) writes of her latest venture:

'Since 2008, I have become an *Extend* teacher.

Extend has shown me the physical capabilities of older people. The *Extend* system makes a major contribution to personal fitness in older people and helps to reduce the severity of many symptoms of ageing. It works through co-ordination of movement, relaxation, good posture and balance.

I am holding three classes a week in Cardiff. I have learnt to understand the ageing body; the music we play makes the session great fun. At 84 years old I should know!

KATHRYN (KAY) WATERS (née Smart) left School in 1971. She says:

'I'm now retired (early!) and living in the wilds of Northumberland.

'I've been happily married for 38 years (to the same person!) with one son, Rob, now in his early thirties. He's a very talented musician. and available for weddings, bar mitzvahs etc.

'I went to Whitchurch High for the sixth form, then to Nottingham University. I would love to contact people who were in the same

year as me: Gillian Oakes; Andi Rivlin, and Felicity Reynolds (both of whom were up at Nottingham at the same time), and Gail White (now a doctor I think).'

KERRY-JANE ELSDON (HSL 1972-79) says:

'After spending 12 years in South Africa, 20 years in Spain - and two years in Tonypany - I finally returned to my home town of

Pembroke at the end of July. Now I'm living within 100 yards of the castle and next door to the Town Hall, and am very happy to be reunited with friends and family. I'm even more delighted to be living in between two pubs!

'I am still working as a freelance writer and taking on commercial work in between projects with my writing partner, the Lebanese author Tony Hanania.'

A BUSY RETIREMENT

Former Principal Jane Fitz, updates us on her current activities.

Greetings to all Hywelians who were in School from September 1991 to April 2007!

I understand that some of you think I have gone to live in Tasmania permanently; although I try to go every year to visit my family, I am still happily living in Cardiff.

While I did not envisage going back into schools, I have visited several lately. One visit was to talk to members of staff about the impact of bereavement on children, and how to support them in the school. Other visits were to inform students and staff about Save the Children. I recently trained as a speaker for the organisation, with which I have been involved since moving to Cardiff.

Serving as a lay member on the Cardiff University School of Social Sciences for a number of years has been most interesting, and I am also supporting the Welsh International Academy of Voice as the Treasurer of their Friends' Committee.

A number of you will have heard of the wonderful work that Maggie's Cancer Centre in Swansea does. I am also involved with efforts to raise sufficient funds to establish a centre at Velindre for all those suffering from cancer in South East Wales and their families.

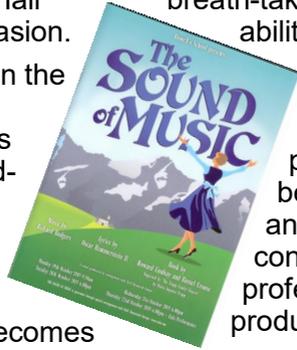
With best wishes to you all,

Jane Fitz

HOW DO YOU SOLVE THE PROBLEM...

...of involving a huge cast in a musical? Easy! Stage *The Sound of Music* in the Sports Hall and make it a gala occasion.

The musical is based on the 1949 autobiography of Maria Von Trapp. It tells the true story of a world-famous singing family, their search for happiness and the thrilling escape from their homeland as Austria becomes part of the Third Reich. The school's production this year marks the 50th anniversary of the award-winning film version, starring Julie Andrews and Christopher Plummer.



What pupils, staff, parents and others produced was little short of breath-taking. Singing and acting abilities were exploited to the full in all those taking part, as was the sheer enthusiasm for performing at their very best. Costumes, lighting and special effects all contributed to the overall professionalism of the production.

And to think they went from first stages to final performances in something like six weeks - amazing!

Whatever next?



Members of the cast of *The Sound*

KATE'S TRIATHLON JOURNEY

Kate Strong has obviously not been idle in recent times! Not only has she started and built a successful business, but she has also become a champion in one of the most gruelling athletic events.

I emigrated to Australia in 2008 to start a business in hospitality. Working seven days a week from the get-go, I decided in 2013 that I would start looking after my physical self and took up triathlon.

Initially, I struggled running 5km but I persisted after work and eventually included swimming and cycling.



Australian National Champion, and found myself on the Australian squad for World Championships.

The long-distance World Championships were held in Weihai, China and comprised 4km (2.5mile) swim, 120km (72mile) cycle and 20km (12mile) run. Racing against world-class athletes, I was trailing behind a lead group in the swim and cycle; I never gave up and in the run, I managed to catch up to and pass all

my competitors.

I finished in first place in a time of six hours and 57minutes, and was crowned ITU AG World Champion in long-distance triathlon.

“I never gave up and ... managed to ... pass all my competitors”

This year, I chose to sell my Australian

guest house and return to Wales where I have built a new business as a coach and mentor to individuals and small businesses, helping them make

In my fourth ever triathlon, in November 2013, I won my age-group, was crowned



positive changes towards achieving their goals.

I still compete in triathlons, and qualified for five World Championships this year. I am currently still competing for Australia and am enjoying travelling the world with my sport.



A DETERMINED EFFORT PAYS OFF!

Hywelian Guild Committee member Sheila McFarland's daughter Kerry (also a HG Committee member) explains how she achieved Guiding's highest award.

In November 2012, I completed my Queen's Guide Award. This is the highest award in Guiding; it usually takes two to three years to complete and has to be completed between the ages of 18 and 25.

Just as I turned 25, it was suggested to me that I might do it. It would mean that I only had one year to complete it (that's very tight!). I went along to a meeting with the regional advisor, hoping that she would tell me not to try as it would be impossible.

I was quite disappointed to come away from that meeting having discovered that, if I worked really hard, I *would* be able to complete it. If I'm given a challenge, and there is a possibility that I can achieve it, I have to have a go, so I put my plan together!

It was a difficult year with things only just coming together. As well as learning new skills such as sign

language, carrying out a research project, organising and completing an exploration and much more, I had to gain my Indoor Camp Licence – that was one of the biggest stresses as the timings were very constricted.

I managed to finish my Award literally the day before my 26th birthday and received a message on my birthday saying that it had been checked over and passed!

There was a local presentation of the Award in the Mansion House in Cardiff in March 2014 (the Award takes a long time to go through!) and I went up to London in April this year to be awarded the award

nationally in the House of Commons. I'm so pleased to have gained this award and to be able to say that I am a Queen's Guide.



Kerry McFarland

NEW ON THE LITERARY SCENE...

For **ANGELA FISH** (née Kear), it's been an exciting and very busy year. She says:

'I had my first book for children accepted for publication and *Ben and the Spider Gate* was released on the 24th September 2015. *Ben and the Spider Prince*, the second in a series of three, will be out in April 2016 and will be on display at the London Book Fair. Book three, *Ben and*



the Spider Lake, is planned for release in October/November 2016.

'Many thanks must go to the young ladies of Year 2, Howell's Juniors (above), for pre-reading both books one and two, and for inviting me in to their classroom to talk to them. I was delighted with their interest and curiosity about the writing and publishing



processes.

The drawings that they gave me were delightful and I will be displaying them on my website (www.angela-fish.com). Thanks also to the staff at Howell's for facilitating the event and for their ongoing support.

Angela left School in 1968.

...AND ANOTHER APPEARANCE

A contributor to the School's Facebook page says:

'I am part-way through quite a gripping book called *Early One Morning*' by Virginia Baily. Some parts of it are set in Cardiff in the 70s. One character attends a girls' school in Llandaff, where the deputy head is called Mrs Lloyd...

'Yes—it's written by Ginny Bayley (*sic*) who was in our year 1968-75.

She was unable to get to our recent reunion in Cardiff as she was at her own book signing! Its her third novel, I think."

Readers can find details of the book on the Amazon website.

Follow Virginia on Twitter: @VirginiaBaily

CEREMONIAL DUTIES

Barbara Forte tells us of an engagement to rival any royal event.

The Queen – and I!

Earlier this year I received an e-mail from the Hotel that we visit every year, asking me if I would plant a tree in the new Garden Centre they were preparing.

The first feelings of amazement, then doubt, coupled with euphoria, gave way to the realisation that this was not going to be a 'black tie' affair – no pastel coloured coat, sensible shoes and matching hat and gloves. This garden was to be at the entrance to the hotel which was in the desert near the Red Sea!

Two days after we arrived we were told that the 'Ceremony' was to be that morning. Together with husband Tony and accompanied by various 'dignitaries' from the Hotel, we set off in a small convoy of golf buggies to await the arrival of - the TREE!

We could see a cloud of sand in the distance that heralded the arrival of the tree, along with four Egyptian gardeners.

They handed me a pair of gloves and a spade and told me where to stand while they dug the hole, filled it with some 'good' earth and watered said tree.

Here any similarity with H.M.'s tree-planting activities vanished. I stood, spade in hand, watering can at the ready, in my white shorts (my legs are still good!), white socks and trainers. No hat, but I *was* wearing gloves!

Pictures were taken and we went back for a cool drink.

We returned a few weeks ago and went to water the tree. It had grown a lot and looked very healthy. They had erected a plaque which read:

12.5.2015

Barbara and Tony Forte

Do you think that looks as if we're dead?

NEWS FROM THE ARCHIVES 2015

Janet Sully updates us on recent additions to the School's archives.

Hywelians Sue Rayner, Julia Farnham, Michelle Ingram and I have continued to spend Wednesday afternoons organising the archives in our two little rooms on the top floor of Bryntaf. The main routine work has consisted of logging documents on the computer, identifying and labelling photos and organising documents in a more systematic way on the shelves. We have bought archival quality made-to-measure boxes to protect the oldest volumes. All the school magazines have now been digitised, as have the Hywelian magazines to 1971, and these can be viewed by following the instructions on the Archives/Museum section of the school website. During 2016 the remainder of the Hywelian magazines and, we hope, some of the early entries in the Admissions Registers will be digitised.

In 2015 the contributors to the Hywelian Oral History project were Dr Judith Foy (née Evans), Sue Rayner (née Davies) and Elizabeth Williams (née Phillips)



Oral History Interviews 2015 (see below).

They were interviewed by four Year 8 girls about their time at school in the 1950s, and an excerpt of the recording

was shown at the Founders' Friday assembly in July. Next year it will be the turn of Hywelians from the late 1950s and early 1960s.

Interesting donations in 2015 included a pair of white gloves worn by boarders with their Sunday summer dresses in the 1970s and two LP records of the choir singing in 1956. We acquired many more photographs, the majority depicting sporting events, one of which features Miss Lewis as a schoolgirl playing hockey for Haberdashers' Monmouth School for Girls against Howell's!

Along with the steady trickle of research enquiries, which I always enjoy answering, there have been several visitors. These have included a lady from Oxford whose great-grandfather Robert Osborne Martin held the curiously named position of "odd man" at school from the mid-1890s to 1914, when he resigned to serve in the First World War. It transpired that this gentleman, who had a rather

chequered history, was an illegitimate son of the Pre-Raphaelite artist and poet Dante Gabriel Rossetti! Another visitor was Peter Finch, former Chief Executive of Literature Wales, poet and author of many books including several in the "Real Cardiff" series. Anyone familiar with his work will know that he writes in an entertaining style, with a particular "take" on places and events, so we look forward to reading about Howell's in

his next volume.

Visitors to school will see a series of panels depicting twelve of our most distinguished Hywelians from different periods in the school's history. The

criteria used as the basis for selection were:

- The holder of a medal in an Olympic Games
- The holder of an OBE or higher
- A pioneer in a particular field.

Those featured so far (*below*), in chronological sequence, are: Gertrude Harré, Mary Gwladys Jones, Eileen Rees, Patricia Clarke (née Green), Jean McFarlane, Rosalie David, Ann Cotton (née Evans), Jane Crowley (née Rosser), Elizabeth Howe, Liane Saunders, Isabelle de Montet-Guérin and Hannah Mills. If you know of any other Hywelians who merit inclusion, please let us know.



A section of Howell's 'Wall of Fame'

Old photographs of the science laboratories, art room, School House and cookery school have been selected to form collages on the blank concave walls at the end of the Covered Way. A series of plans of the school, showing the different phases of its development, has also been drawn. We hope that these last two projects will soon go to production and be put on view.

As always, contributions for the archives are welcome. In particular I am still hoping for two items to be donated: one of the tweed suits worn by boarders for travelling and on Sundays in the 1960s and 1970s, and a copy of the school magazine for 1975-6. (I was sent a copy of the cover and news pages by email from a Hywelian in Japan but we do not have a hard copy of the whole magazine.)

Finally, I wish to place on record my thanks to Sue, Julia and Michelle who give their time willingly to help in the archives most weeks of the year.

Janet Sully.

A brief historical guide to the school, in the form of a leaflet, has been produced for all interested visitors, with a plan of the school (*right*). This can be viewed online in the Hywelian History section of the school website.



Plan of the School from the historical guide

IN MEMORIAM

We are always sad to report the passing of Hywelian Guild members, and send our condolences to their families and friends. Some of the notices below refer to the very end of 2015, after last year's Magazine had been printed.

PEGGY LEWIS (née Miller) died on the 18th of January 2015, aged 92, after a short illness. *Enfys Brown* says:

'Prior to this, she was very active, driving her friends to Llanblethian Church where she was an active member of the Mothers' Union, playing bridge, organising walks, attending Cowbridge U3A and delivering meals on wheels. Peggy was a Red Cross nurse during the war and married a GP in Cardiff where they brought up three boys: Tony, Roger and Graham. After retiring they moved to Aberthin, when Peggy joined the Bridgend branch of the Hywelians. She attended most meetings.'

DIANA LLEWELLYN (née Griffiths) died suddenly on December 23 2014. She had been suffering from PSP, a brain disease. She and her husband John lived at Cefn Colstyn Farm, Pentyrch, just outside Cardiff. There was a strong HSL connection within the family, as Diana's daughter Charlotte also attended School. Diana's sister-in-law, Joan Smith (née Llewellyn), her two daughters and a granddaughter were also pupils.

MARY EDGE died in early July at the age of 88. *Barbara Forte* remembers their friendship:

'Mary was a little older than me, and was a Hywelian. With some gentle "persuasion" from me, she and Muriel (Jeremy) joined the Bridgend Branch and loyally attended all its functions. While in the University hospital during her last illness, Mary was visited regularly by Muriel.

'Mary lived in Llandaff and was a Day Bug, being able to go home for lunch and so missing the wrath and displeasure of Miss Disney; like me, Mary was not all that keen on Games!

Her great friend in school was Vera Radcliffe who also lived in Llandaff.

Mary later moved to a lovely bungalow between Penarth and Lavernock where we often returned following a Summer Lunch at School.

'For the last few years, together with Tony, we have met up for Christmas Lunch in Cowbridge with Muriel, Ramsay and some other friends. Mary liked to have all the latest HSL news and I would greet her with, "Who do you think is dead?" We would then

delve through their past and their time at Howell's.

'I know that there are others who will know more about Mary but suffice to say she was a lovely friend who will be much missed.'

Alison Warman (née Bale) writes about a fellow Hywelian with an interesting past:

'My former neighbour **PAMELA ADAMS** (née Williams) was at school in the 1930s and 40s. She died on 11 June 2015, just short of her 91st birthday.

'I first met Pam when I moved next door to her in Lisvane, Cardiff and soon discovered that she had been at school with my mother (Nancy Bale, née Woods). Pam told me of her memories of school life as a boarder in the house on Cathedral Green in Llandaff: remembering having to embroider her name on all her clothes for school. Woven labels were very new-fangled things then.

'She had won a scholarship to school, but at that time Lisvane was rural and too far for her to travel as a day girl.

She enjoyed school and went on to University in London to study French and Italian. By the time I met Pam she had retired from life as a school teacher and was caring for an enormous and beautiful garden where, all summer, she marched up and down behind a lawn mower twice her size.

'Pam married later in life and she

and Peter celebrated their Silver Wedding anniversary before he died a year or so ago. It was not until her funeral that I learned that after graduating in the 1940s, Pam had been offered work for Sir Winston Churchill, but being far too intimidated to work for him, had accepted a job at Bletchley Park instead!

'Not for her the fifty year rule: having signed the Official Secrets Act, she never talked of or explained her role there, leaving her family and many friends to imagine and speculate on all sorts of possibilities.

'It was her decision, when told of her cancer at the age of 90, not to go for invasive treatment, comforting her understandably upset niece by explaining "You'll have to man up, dear." Pure Howell's School strength of character to the end and now our much quoted family saying.'

Joyce Shields notes: 'It is surprising how many women were involved with Bletchley Park. I think Irene Box, sister of Beryl Lowman, also worked there during the war.'

Jill Weare (née Morgan) says:

'I am writing to tell you of the death of my sister, **PAT EVANS** (née Morgan) on 23rd November, 2015. Pat was a pupil at Howell's School from 1940-46 when she left to study science at Cardiff University.

'She worked for the Ministry of

Agriculture and Fisheries for a few years during which time she married her long-standing friend, John.

'They were blessed with four children, six grandchildren and five great-grandchildren during their sixty years of marriage.

'Pat did numerous jobs when the children were young, always ensuring she was home when they returned from school. Her family and Christian life meant everything to her.

'Later in life we used to meet regularly and reminisce about days in HSL: playing lacrosse in the snow; drying and dressing quickly after swimming lessons (impossible in three minutes!); keep left, don't run etc.

'Pat was also a boarder for two terms in Hazelwood during Miss Owen's time as Housemistress.

'Pat was my rock throughout my life and will be greatly missed by her family and friends in many walks of life.'

The Editor, *Lyn Owen*, recalls:

'I knew both Pat and John well for many years, as I attend the same Church. Pat's school background was very much in evidence whenever she read from the lectern: her enunciation, diction and delivery were very much those of HSL.'

The following information is taken from an obituary which appeared in *The Boston Globe* on Dec.4, 2015:



**BEATRICE TROT-
MAN DICKENSON**

died in Wellesley (Mass) on 3 December 2015. She was the wife of Leo J Hermacinski and mother to Max, Alexandra and Anna.

Beatrice was a Radiologist at the Brigham & Women's Hospital and an Assistant Professor of Radiology at Harvard Medical School.

Beatrice was Head Girl 1975-76.

The details below are all that we have by way of information.

Muriel Jeremy notes that **RUTH NEWMARCH** died recently . She was a contemporary of Lisbeth David.

MRS JUNE GIBBON, (nee Roberts), who left school in 1944, has died. She lived in Cardiff and was 90 years old.

DR ELUNED KATHLEEN LILLYWHITE

(née Jones) passed away on Nov 18 2015. She left HSL in 1941, so would have been around 92 years of age at the time of her death. She was living in Chipping Norton.

SUSAN GRIFFIN left School in 1954 and lived in Nailsea, near Bristol. She had joined others of her year group

100 YEARS AGO

This is part of a letter taken from the Hywelian Magazine for 1916, showing what some Hywelians were doing by way of voluntary work to help the war effort. Kate Banks worked as a VAD in a Red Cross Hospital.

Dear Hywelians

Now for the VAD. There is near here a Voluntary Aid Hospital, run by two Somerset Detachments, to which I go to do 'bits of my bit' when scholastic duties allow. It is a charming old Jacobean house – with a ghost – belonging to the Prince of Wales*. It is situated at the foot of the Mendips, with their wonderful Netherworld, which I have recently been exploring under the guidance of a certain Prof. E Baker – comfortably seated in my armchair.

We are proud of being Auxiliary to the Second Southern base, and receive patients (30-40) from the Beaufort War Hospital, Bristol. This may interest Bristolians.

Gournay Court, West Harptree, is only a few miles south of Bristol, and well worth a visit. Donations in money or kind (not excepting the much-beloved 'fag') are gratefully accepted.

We have just had a Pound Day and an afternoon entertainment for the patients, who were conveyed here by motors, even the footless and legless. Their spirits are truly wonderful after all they have gone through. They entertained their

entertainers part of the time with songs and even step dance!

Hoping shortly to meet some kindred spirit, via GPO or otherwise.

Yours sincerely,

Kate Banks

Sadly, also reported in the same magazine was the following, from Fanny Cook; 'Kate Banks was in the habit of spending part of each holiday in London and we often met. I had hoped to have seen her during these Easter holidays, but heard that she was assisting in Red Cross work instead of coming to London. A few days later came letters saying that she had died at Worthing from the result of poisoning a finger while washing bandages at a Red Cross Hospital.'

Kate is commemorated on the plaque in the Stone Hall, along with other Hywelians who died undertaking war work in both World Wars

** This refers, of course, to the future King Edward VIII - Ed*

for the their Golden Reunion in 2005. She spent her career in nursing and, at the time of her death in 2015, would have been around 78 years of age

ANNE JARRETT of Porthcawl died in September 2015. She was a former head of St Clare's School.

GRAND REUNIONS

We're always glad to hear about your get-togethers post-HSL. Perhaps we could remind those of you planning a reunion that a very good time to choose is the Summer lunch—the last Saturday in June—when many other Hywelians are in attendance. It's always a very lively occasion!

KAREN GLASER gives us an insight into what was obviously a very enjoyable time as she met up with former school friends.

'When the invitation landed in my inbox, I didn't hesitate. Reconnect with my classmates of (gulp!) more than 30 years ago?

Discover how life had turned out for the girls I sat A Levels with in 1985? You bet. My curiosity burned bright.

When I walked through the door of my secondary school's former boardroom on a sun-dappled September afternoon, I rather suspect that my face was burning bright. Until that point, I had simply been looking forward to the reunion tea party for the Howell's class of 1985. Now I felt the rush of nerves: the significance of what I was doing, was suddenly overwhelming. Who would I find in the room?

Middle-aged women like me, of course - only one of whom I immediately recognised: Cathryn McGahey. Now a leading barrister, she was our year's head girl and also the pupil who lent her history notes to my less-

than-diligent younger self to 'copy out' on more than one occasion.

I am fairly sure I didn't remind Cathryn of her former generosity after I had plonked myself next to her: I was more interested in the here and now. Did she remember me? Yes. Where did she live these days? Derbyshire. Was she in touch with other people from our year? A few. And who else was in the room?

As Cathryn discreetly pointed out and named the women sitting at an afternoon tea table worthy of the Mad Hatter, the ghosts of my Hywelian past returned, in the mannerisms I once knew so well. Time might alter the face and figure, but the quirks of gesture remain untouched by the creeping years. Ah, yes, that is how Pamela Choudhury used to smooth her hair; how Mari Brewer's mouth would crease when she laughed; how Charlotte Llewellyn rolled her eyes.

What memories, I wondered, might I have triggered? How much of the teenage me could these women see in the adult me?

I didn't ask, of course: that would have been too egocentric. But I was reminded of my teenage self in other ways, that afternoon. We all were, I imagine.

After tea, there was a tour of the school. Inevitably perhaps, there have been changes: anodyne carpet now covers Stone Hall's chess board tiles and the worn stone steps of its grand staircase. And some rooms have had a change of use: the so-called music cells where girls took piano lessons, and where I wrestled with the cello for a year or three, are now used as office space and as Year 7 cloakrooms.

But the changes, though strangely unsettling, were cosmetic. The soul of the beautiful 19th century building remains intact and so, it turned out, were the memories of the years we had spent there.

Remember how Miss Turner used to stride across Stone Hall with her dog, Meg? Remember how we had to queue for hours before filing into BDR for lunch?

Remember how you could get an order mark for wearing your outdoor shoes inside?

A couple of hours later, we were still reminiscing – at the Italian Way, a restaurant on Cowbridge Road. It was an inspired choice on the part of Saskia Blair and Liz Ford, who organised the reunion: small and intimate, the eatery's decor was also resolutely Eighties. Our decade.

Several others joined us for our pizza meal. And as the wine flowed, so did the conversation and more memories. Claire Howells reminded me how, in 1982, I had picked up her O Level results from school and then relayed them to her – to a public phone box in West Wales, where she was holidaying. Cathryn recalled how one of our history teachers had refused to teach about war because her brother had perished in World War II, and Saskia had the whole table in stitches as she reminded us of the day our English teacher strode into class, slipped, and promptly fell flat on her back, legs sprawled. The teacher in question was feared and disliked in equal measure so, to us Upper Fourths, her tumble seemed like delicious, divine intervention.

Interestingly, there was little conversation about our lives now. I had attended the reunion full of curiosity about what we had become. But, actually, the event was much more about *The Way We Were*. And much more satisfying for it.'

And KAREN (THOMAS, née Ware, HSL 1968-75) sends her reminiscences of an equally enjoyable day for her contemporaries.

'On the 1st of August 2015, a group of us met up in Cardiff for a small reunion to celebrate 40 years since leaving HSL. Most

had not seen each other since our last reunion in 2005!

Those present included Brenda Kersting (née Owen), Pam Bower (Stewartson), Liz Boucher (Harding), Heather Payne, Rosie Humms (Nash), Sarah Billington (Dawes), Jayne Stansfield (Gillespie), Eirlys Tunnard (Bowen), Kath Jenkins, Sian Evans (Roberts) and Karen Thomas (Ware)

We met in the Hilton then meandered (definitely not in crocodile fashion!) to the Castle, catching a water taxi to Cardiff Bay. We then walked to the Barrage (despite strong winds) returning to the Millennium Centre for well-earned 'cocktails' - sitting outside in the sun and enjoying the street entertainment! We then progressed to San Martino's

restaurant on Mermaid Quay for a lively dinner with much reminiscing and catching up. It is amazing how easily we all renewed our old friendships!

In addition to those who came we are also in touch with Catrin Gerallt, Ruth Christie (Ford), Val Houldey (Percival) and Judith Davies (Rees).

We all bravely agreed to hold another reunion in Cardiff on Saturday, 4th March 2017 to mark our joint 60th birthdays (or thereabouts.....!)

We are hoping to trace as many people as we can—so if there is anyone from our year who would like to join us in March 2017 then please contact me via the Hywelian magazine?

Email : Hywelians@how.gdst.net

RECENT ACADEMIC SUCCESSES

We are delighted to report the following achievements of HSL alumni.

From Bristol University:

LARA GOODFELLOW: Bachelor of Medicine and Bachelor of Surgery

JESSICA SRIVASTAVA: Bachelor of Dental Surgery

IAN JENKYN: Bachelor of Dental Surgery (with Distinction)

Medical degrees:

From University Hospital Cardiff:

FREYA RIDLEY-DAVIES

GEORGIA ECKERSLEY-JONES
(Georgia is the daughter of

Junior School teacher, Anna Eckersley, a previous Editor of the Hywelian Magazine).

From Cambridge:

OLIVIA PRANKERD-SMITH
(daughter of Anne Prankerd (née Smith) and granddaughter of Joan Smith (née Llewellyn)

ELERI DAVIES (daughter of Nicola Davies, née Salter) is now fully qualified, having completed her traineeship with a firm of solicitors, following a degree gained at Bristol.

KEEPING IN TOUCH

FOR THOSE ON FACEBOOK, the Hywelian page is a great way for you to keep in touch with your former classmates; share memories and photos; and find out about everything that is going on at Howell's. Remember, you don't have to contribute to Facebook - you can just

read the content! You'll find it at "*The Hywelian Guild*": there are now 454 members.

And if you would like to be informed about everything that's happening at Howell's, you can follow us on Twitter: [@HowellsSchool](https://twitter.com/HowellsSchool).

DID YOU KNOW that once your joining fee is paid, your membership of the Hywelian Guild is deemed to be Life Membership? Some members have been wondering why we no longer ask for renewals - this is the reason.

We do, of course, welcome any donations you may care to make!

HYWELIAN BADGES

Readers may remember that last year, we managed to acquire a new batch of Hywelian Badges. The design is based on the Drapers' Company badge, with the addition of coloured enamelling. They are a delightful reminder of HSL schooldays, and a rather nice emblem of the Guild for which we hold such affection.

Please contact the Guild Secretary, Mrs Sue Rayner, for details of how you can obtain your badge.

The Bronwen Jacques Trust

Mrs Bronwen Jacques was a Hywelian and one of the earliest Secretaries of the Hywelian Guild. When she died in 1975, she bequeathed her house near Gloucester to the Governors for the benefit of former pupils and ex-members of staff. The Governors decided to sell the house and, with the proceeds, they created a Trust fund, administered by the Hywelian Guild Committee.

Half the money was given to the Cartref Homes in Cardiff with the proviso that two former pupils or ex-members of staff would have

priority entry to one of the homes each year. The remaining money was invested and the resulting income is administered by a sub-group of the Hywelian Guild Committee, chaired by Mrs Davis.

The income is available to help any former pupil or ex-member of staff who may be in financial difficulty, whether or not a member of the Guild. The names of those assisted remain confidential within the sub-Committee.

Hywelians wishing to apply should address their letter to Mrs Sally Davis.

NEW ARRIVALS...

It's a real pleasure to announce the cheerful news of the newest arrivals!

SALLY JO-ANN SMITH (née Thomas) was at HSL from 1987-98) She writes:

On May 13th 2015 my husband and I had our first baby - a little boy, Monty Thomas Smith. He was born very premature at 28+6 weeks, weighing just 2lb 13oz. He spent 8 weeks in the neonatal intensive care unit at Gloucester Royal Hospital before finally being allowed to come home on July 3rd.

September is premature baby awareness month and as you can imagine the cost of having these babies in hospital and in the specialist incubators is considerable. The vast majority of the of money to run the unit

comes from charities, and the charity supporting the unit where Monty was is called Scoo-B-Doo. In June a group of friends raised over £700 by doing a charity bike ride for the charity supporting Monty.

Monty is now doing really well and although we have a long road ahead full of appointments and check ups, he is exceeding all expectations and is thriving. It is a hard journey having a baby in NICU and I would like to offer any support to any fellow Hywelians who find themselves in the same situation.

Sally's contact details may be obtained from the Secretary or Membership Secretary.

ELIZABETH (LIZZIE) WEBSTER says:

Other Hywelians might be interested to know that I had my first child, Sophie Rose, with my partner Mark on 23 September 2015, and she is doing really well!

I left HSL in 2002, and we now live in Flintshire, North Wales.



PENELOPE MEYER-POLINS (née Meyer, HSL 1975-82) and Martin are proud to announce the safe arrival of their first grandchild, OSCAR ARTHUR, a first son for Penelope's son David P H Molloy and his wife Lisa. Oscar was born late on Tuesday April 21st, 2015 in Barnet Hospital, weighing 8lbs 1oz!

Penny and Martin are delighted with the family's new addition, as are Peter J H Meyer and Leonard & Monique Polins, Oscar's great-grandparents.

REUNIONS PLANNED

Girls (not sure we can still get away with being called that!) who were at HSL from 1967-1972/4. The date is Saturday, 16 April 2016, at the New House Country Hotel, Thornhill, Cardiff, starting at 12.30pm. Cost will be about £20 each, which includes a buffet and room hire.

Anyone who would like to come can contact Judith Kilroy (née Brown), (judithkilroy1@gmail.com) or Judith McCloy (née Llewellyn), (jamccloy@talktalk.net)

In July 2017, the 1979-1986 (U111 in 1979) cohort are holding a reunion at HSL. We are hoping to trace as many of our year group as we can and have already found over 40! If you are one of this year group and would like to catch up please find us on our Facebook page or email Rhiannon Allen (née Williams) on rhiannon.allen@sky.com. We hope to hear from you!

'66 LEAVERS!

Please make a special effort to come to this year's Summer Lunch for a reunion of our year on Saturday 25 June.

We are planning a weekend of celebration, so if you can't come on Saturday, there will be events on Sunday 26 June.

Details can be obtained from Kay Powell:

E: powellks@tiscali.co.uk

T 029 2056 8643

LOST IN TRANSLATION...

The following notices have been collected from locations all over the world. They illustrate just how difficult it is sometimes to make sense of a language other than one's own! Japan, Bangkok, Germany and Switzerland seem to have the most trouble getting to grips with the nuances of the English

In a Bangkok Temple:

It is forbidden to enter a woman, even a foreigner, if dressed as a man

Dry Cleaners, Bangkok:

Drop your trousers here for the best results.

In a Cocktail Lounge in Norway:

Ladies are requested not to have children in the bar.

Airline ticket office, Copenhagen:

We take your bags and send them in all directions.

Doctor's Office, Rome:

Specialist in women and other diseases.

A Laundry in Rome:

Ladies - leave your clothes here and then spend the afternoon having a good time.

In a Nairobi Restaurant:

Customers who find our waitresses rude ought to see the Manager.

On the main road to Mombasa, leaving Nairobi:

Take notice: when this sign is under water, this road is impassable.

On a poster at Kencom:

Are you an adult that cannot read? If so, we can help you.

In a City restaurant:

Open seven days a week and weekends.

In a Cemetery:

Persons are prohibited from picking flowers from any but their own graves.

Tokyo hotel's rules and regulations:

Guests are requested not to smoke or do other disgusting behaviours in bed.

In a Tokyo Bar:

Special cocktails for the ladies with nuts.

Hotel, Japan:

You are invited to take advantage of the chambermaid.

On the menu of a Swiss Restaurant:

Our wines leave to nothing to hope for.

Hotel, Zurich:

Because of the impropriety of entertaining guests of the opposite sex in the bedroom, it is suggested that the lobby be used for this purpose.

In the lobby of a Moscow Hotel, across from a Russian Orthodox Monastery:

You are welcome to visit the cemetery, where famous Russian and Soviet composers, artists and writers are buried daily, except Thursday.

Hotel, Yugoslavia:

The flattening of underwear with pleasure is the job of the chambermaid.

A sign posted in Germany's Black Forest:

It is strictly forbidden on our Black Forest camping site, that people of different sex, for instance, men and women, live together in one tent, unless they are married with each other for this purpose.

BY WAY OF A REMINDER

Hywelians wishing to receive a hard copy of the magazine should send a stamped addressed C5 envelope with a large 2nd Class stamp to Joyce Shields, the Guild's Membership Secretary, by the **end of September 2016**. Hywelians resident in nursing homes and those over 85 years of age will be sent a copy without the need to supply an envelope.

HSL — A RECIPE FOR LONGEVITY?

While our Membership Secretary, Joyce, was going through her records to identify those for whom the Magazine comes free, she came up with the following information:

- There are 268 over 85s on Joyce's list. That figure may include a few who are no longer with us, but we can't

be sure how many.

Readers will have noticed from other parts of the magazine that Hywelians tend to be a remarkably long-lived lot, and it just crosses the mind that this could be due in part to the of experiences of surviving, and even thriving during, one's schooldays at HSL!

ONLINE SERVICES

We are always pleased to devote space to those Hywelians who wish to advertise their businesses here. The fact that we do so is, of course, no indication of recommendation or endorsement

Kate Strong (see p 16) has recently launched her own business. She gives brief details below:

WALK THE WEIGHT OFF

Join a unique course that
integrates fitness & nutrition.

Learn while you walk!

This 12-week course covers knowing your
CV health, fat loss, the truth about nutrition.

Receive weekly notes and food plan.

Courses run across Cardiff.

To register your interest, contact Kate :

Email: kate@strongkate.com

Mobile: 07481 899 889

SPONSORS 2016

SCIMITAR DEVELOPMENTS

Hywelian Guild

2016



Appendix

Note

It is inevitable that in each year's Hywelian Magazine, some of the items have to be reduced in size, so that we can get everything in.

In this Appendix, you will find some of the longer articles in an original form - although they may have been edited for grammatical and typographical errors.

Lyn Owen, Editor

OBITUARIES

MARY EDGE

Barbara Forte remembers her school friend with much affection.

Mary, who was 88 last March, died in hospital in early July. Many of the older members of the Guild would remember her in School during the War, along with her friend Vera Radcliffe who lived near her in Llandaff.

Mary, like me, was not very keen on Games, but she was a Day Bug and thus able to go home for lunch and so avoid the wrath of Miss Disney for not being active on the Games Field! Another of her great friends was Dorothy Sedgewick - Mary was a bridesmaid at Dorothy's wedding. Later her younger next door neighbour Muriel Jeremy came to HSL and together they were very regular members of the Hywelians. They also joined the Bridgend branch after some encouragement from me as I said it was such a happy branch - and we did quite a bit of eating!

For the last 40 or so years, Mary lived in Penarth and worshipped at All Saints' Penarth, where she was a member of the Flower Guild;

flowers were left in the porch in fond memory of her.

Mary worked in the Post Office where she rose to Supervisor before her early retirement at 52, having suffered for many years with chest problems which were becoming progressively worse.

She was a great lover and collector of books, many of which she passed on to the HSL. Her collection of old Bills for fees, clothing, books etc when she was in School were a source of information and were used by Janet Sully in her preparation of the book, *A Legacy Fulfilled*.

Mary loved cruising and visited many places, taking slides and on her return, giving illustrated talks to local groups.

A quiet, shy girl, but one who will be remembered with affection and greatly missed by her friends.

NEWS

WELSH WINEMAKERS TRIUMPH

The text below appeared in a press release, and gives details of a 'vintage' success for Welsh wine makers with a Hywelian link.

Royal Welsh uncork regimental wine

8th June, 2015 by Rupert Millar

The Royal Welsh Regiment will unveil its new regimental wine in the presence of the Queen when she presents new colours to the regiment in Cardiff next week.

Sourced from Château du Seuil, a Welsh-owned property in the Graves region of Bordeaux, a white from the 2013 vintage and a red from the 2010 will be served at a lunch following the presentation of the new colours by the Queen on 11 June.

The presentation of the new colours is the final formal recognition of the Royal Welsh which was formed in 2006 with the amalgamation of the Royal Welch Fusiliers and the Royal Regiment of Wales.

Château du Seuil was acquired by Welsh couple Bob and Sue Watts in 1988 and is today run by their daughter Nicola Allison and her husband Sean. The family also have relatives who served with the regiment's forebears.

Nicola said: "The thought of being part of this marvellous historic occasion with The Royal Welsh and to see our Regimental wines being presented to her Majesty is something which was beyond our wildest dreams as a Welsh-born winemaker in France. This great honour is something which we will always cherish, I am sure it will be an unforgettable day in the history of Château du Seuil."

The wines were chosen by the director of Fine Wines Direct UK, Greg Williams, and the regimental adjutant, Captain Ben Phillips.



nicola@chateauduseuil.com

0033678995790

0033556271156

www.chateauduseuil.com

www.chateaulavocat.com

Nicola notes:

I left Howells in 1983, became a doctor, lived in NZ for 14 years, married a Kiwi, and then in 2001 we took over my parents' vineyard in Bordeaux. We now supply the official wine for the Royal Welsh regiment, and I had the honour to meet HM the Queen in June where our wine was served at a private lunch during the inauguration of the Royal Welsh regiment flag.

RESOLVE-IT

Hywelian Eira Culverwell is running a successful business which aims to help children learn how to keep safe. The text is that of a press release.

Superhero academy launches - to help keep kids safe

RESOLVE it, a community interest company, has launched a 'Superhero Academy' in a bid to increase children's confidence, social awareness, safety and fitness.

Set up by mother of four Diane Briere de l'Isle – wife of Admiral Group CEO Henry Engelhardt – RESOLVE it delivers personal safety workshops in educational establishments, charities, businesses and not-for-profit organisations empowering individuals to stay safe.

The academy, suitable for children between the ages of 6-11, is a series of rolling six week workshops during term time.

Eira Culverwell, Managing Director of RESOLVE it and ex pupil of Howell's School, said: "The academy is designed to teach young people how to be aware of their surroundings and equip them with techniques that will help them if they are in a situation where they feel vulnerable or threatened.

RESOLVE it's Superhero Academy is designed to increase self esteem, personal safety, life and self defence skills.

"There is a widely held misconception that self-defence is all about being able to physically beat your opponent after they attack you first. The goal of personal safety is not to put yourself in a situation where you may have to fight to defend yourself, being physical is the last resort ever."

Children will progress through the stages of the Superhero Academy with workbooks and interactive games to learn and harness the values of being respectful, loyal, sincere and empathetic, as well as learning to celebrate theirs and others' uniqueness.

The Superhero Academy follows the success of RESOLVE it's partnership with Howell's School where it has delivered training sessions to pupils on healthy relationships, conflict

resolution, anger awareness, substance misuse and bullying.

Sally Davis, Principal of Howell's School, said: "Young people face many social challenges from cyber bullying to peer pressure so it's essential that they are equipped with the knowledge to identify risks and techniques to handle any challenging situations. With great initiatives like the Superhero Academy, the team at RESOLVE it prove they really understand how to engage with students and discuss serious topics but in a fun and creative way.

"All of the students that they have worked with at Howell's have really enjoyed the interactive sessions and we have noticed a significant improvement in their confidence and self-awareness. We're looking forward to continuing to offer the Superhero Academy and hope lots of parents and children will take advantage of these sessions."

Places for the Superhero Academy cost £39 for the six weeks and parents should register interest by emailing Academy@resolveitcic.co.uk.

To show the effectiveness of our workshops, the following link will take you to a short workshop video of Years 10 and the junior school as well as some recent editorials. <https://youtu.be/mxCFnPlnjRU> <https://youtu.be/W51F3dG4fm4>

