

PREP SCHOOL MENU – WEEK 3 (WEEK COMMENCING 8TH MARCH 2021)

	Lunch	Alternative Option	Dessert
Monday	Breaded chicken goujons Vegetable nuggets Katsu curry sauce Rice Lettuce Cucumber	Jacket potato Cheese Baked beans	Cookie or fresh fruit Yogurt
Tuesday	Tri colour pasta Tomato and vegetable sauce Broccoli Sweetcorn Grated cheese Garlic bread	Jacket potato Cheese Baked beans	Chocolate muffin, yogurt or fresh fruit
Wednesday	100% pork sausage Quorn sausage Roast potatoes Carrots Peas Gravy	Jacket potato Cheese Baked beans	Crackers and cheese, fresh fruit or yogurt
Thursday	Mild chilli Vegetarian chilli Rice Green beans Tortilla chips	Jacket potato Cheese Baked beans	Jelly, fresh fruit or yogurt
Friday	100% cod fishfingers Vegetable nuggets Chips Baked beans	Jacket potato Cheese Baked beans	Fresh fruit or yogurt