



The **First 50** is a wellbeing programme designed to ensure that Year 12 students settle into Howell's Co-ed College academically, socially and with confidence. Over the **first fifty days**, students will be introduced to the HeadsUp@Howell's programme and they will also enjoy a variety of activities, presentations and events, supported by their personal tutor and the College Leadership Team to enhance their sixth form experience. We hope that they will feel welcomed, happy and part of the Howell's family as a result of the **First 50** initiative.



<p>Academic</p> <ul style="list-style-type: none"> ▶ Introduction to the academic challenge ▶ A Level Mindset introduced – VESPA ▶ Introduction to A level subject courses ▶ Academic self-evaluation: How am I coping? ▶ Goal setting ▶ Study Skills Programme 	<p>Social</p> <ul style="list-style-type: none"> ▶ Bonding Events ▶ Introduction to Enrichment ▶ Charity Netball Match ▶ College Charity Coffee Morning ▶ House Sport Event ▶ Meet the Sally D's Team ▶ Promotion of Community Spirit 	<p>Co-curricular</p> <ul style="list-style-type: none"> ▶ Freshers' Fair promoting Clubs and Societies ▶ Duke of Edinburgh's Award (Gold) ▶ Envision, Interact and Amnesty ▶ Music, Drama and Debating ▶ Sport for all ▶ Enrichment Programme ▶ Olympiads ▶ Laureate Programme ▶ Launch of Lecture Programme
<p>Parental Engagement</p> <ul style="list-style-type: none"> ▶ Welcome Parents' Evening ▶ Parents' Booklet for guidance and to clarify expectations and support ▶ Introduction to the Sims Learning Gateway and Firefly ▶ <i>College Comms</i> ▶ Regular information emails ▶ First Academic Report 	<p>Belonging and Wellbeing</p> <ul style="list-style-type: none"> ▶ Wellbeing Launch ▶ Tutorials with Personal Tutor ▶ Meet the House Captains/Young Leaders' Team ▶ e-Guide to Howell's Co-Ed College by Young Leaders' Team ▶ College Breakfast with Head of Year ▶ Tour of Howell's with Personal Tutor ▶ Launch of Student Voice and Wellbeing Committee ▶ Launch of Peer Mentors 	<p>Learning Tools</p> <ul style="list-style-type: none"> ▶ College Planner online ▶ Introduction to the Library ▶ Introduction to Firefly ▶ Introduction to email account, including mobile access ▶ Laptop and Digital Learning protocol ▶ Careers presentations ▶ Organisational Skills ▶ Introduction to Rungway ▶ Introduction to GDST Life



HOWELL'S CO-ED COLLEGE
Llandaff

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