




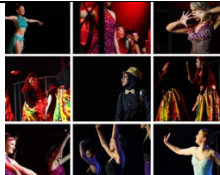
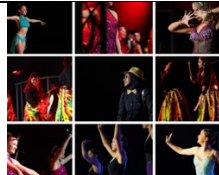










Guided Home Learning Sports Clubs January 2021

Click the photo to take you to the zoom session held by your coaches: Passwords for all sessions is Howells

	Monday	Tuesday	Wednesday	Thursday	Friday
Breaktime 11:00- 11:15	 Yoga/Stretching with Mrs Crawford	 Yoga/Stretching with Mrs Crawford	 Yoga/Stretching with Mrs Crawford	 Yoga/Stretching with Mrs Crawford	 Yoga/Stretching with Mrs Crawford
Lunchtime 12:25- 13:05			 Dance with Mrs Manning Year 8 and 9 12:55-13:30	 Dance with Mrs Manning Year 7 12:55-13:30	 Core with Izzy Peter
Lunchtime 13:25- 14:05		 Dance with Mrs Manning Year 10			 Core with Izzy Peter
After School 16:00- 16:40	 Netball with Izzy	 Softball with coach Holls	 Gymnastics with Mrs Crawford	 Netball with Izzy	 Softball with coach Holls