

Prep School

ROUND UP



Friday 8th October 2021

The Head's Update

As we have come into October the weather has definitely proved to have been wetter and colder this week. There are some beautiful signs of seasonal changes, though, on the trees around the Prep School grounds. October is also Black History Month and this morning Mrs Scott led an assembly for the Prep girls, about Black History Month and talked about Betty Campbell; a local educator, community leader and race relations campaigner, who has been commemorated in a statue unveiled in Cardiff last week. In classes the girls will be carrying out a range of activities during the month to share, celebrate and understand the impact of black heritage and culture.



Parent/teacher meetings

Over the next two weeks, you have the opportunity to meet with your daughter's teacher/s in our parent/teacher meetings. If you haven't yet already signed up to a time slot, using the online booking system, please do. We hope you find these meetings helpful and informative.

Heads Up Week

This Sunday is World Mental Health Day 2021. Next week we will be having a 'Heads Up Week' with activities, assemblies and class focus' on what we can all do to look after and promote good mental health. I hope all girls and families can enjoy some time this weekend, doing something which helps with your own wellbeing.

Go Green Day

On Friday 22nd October, the Prep School will be joining in with Go Green Day. This will be a day when girls will focus on ecological issues in their lessons and activities. Girls will need to wear school uniform as usual, but are welcome to add lots of green accessories if they wish.

Year 2's Hedgehog Bread

It hasn't only been bread week in the Bake Off tent this week. Our girls in Year 2 had a great time learning about bread making and have baked their own delicious hedgehog bread rolls. [Click here](#) for more information.

Emilia donates 13 inches of hair to the Little Princess Trust

Very well done to Emilia P in 3S who donated an amazing 13 inches of hair to the Princess Trust. [Click here](#) for more information.

Amelia made a seconder with her Brownie pack

Very well done to Year 5's Amelia E-B who was made a seconder with her Brownie pack this week. [Click here](#) for more information.

Shackleton's Comical Capers

Year 5 have been busy creating a comic strip this week to tell the story of Shackleton and his Endurance expedition in Antarctica. They have planned their scenes, dressed up, acted, taken photos and then they created a comic strip using new software from canva.com. [Click here](#) for more information.

GDST STEAM Activities

This week Year 6 have worked alongside other GDST schools taking part in GDST STEAM activities. [Click here](#) for more information.

Peace Doves for Black History Month

In After School Care this week, the girls made some beautiful doves which they put in a tree as a symbol of peace and unity during Black History Month. [Click here](#) for more information.

Alice – A message from Mrs Davis

For this term's production of *Alice*, we decided to operate an online box office for the first time, and I was astonished to hear that tickets sold out just hours after going on general sale; truly they are the hottest tickets in town. Audiences will be in for a real treat when the production opens on Monday 18th October. *Alice* is being staged in the Great Hall, which means that tickets are strictly limited due to space and I know there are some families who missed out but are still hoping to be able to attend. We will start a waiting list and if you would like to be added to it, please email mail@how.gdst.net with the number tickets and preferred date. We will then contact you if any tickets become available.

Swimming Costumes

We would like to remind parents that girls should wear black speedo swimming costumes for their swimming lessons. Brightly coloured swimming costumes are not in line with our uniform guidelines.

Whole School Open Day - Saturday 16th October

Our whole school Open Day for prospective parents and students will take place on Saturday 16th October from 9.30am until 12.30pm. Visitors will have the opportunity to look around the school and talk to staff members over a coffee and a Welsh cake. To register, please email admissions@how.gdst.net or telephone 029 2026 1832.

Year 7 Taster Day – Saturday 16th October

On Saturday 16th October, Year 6 students will have the opportunity to discover more about what our Senior School has to offer and experience life in Year 7 first-hand. Girls in Year 6 have received an invitation. Please do pass on the information to anyone you think might be interested in attending. To register, please email admissions@how.gdst.net or telephone 029 2026 1832.

Episode 3 of Raise Her Up is live!

To mark World Mental Health Day this coming Sunday, in episode 3 of the GDST's *Raise Her Up*, they welcome the brilliant Dr Tina Mistry, clinical psychologist, writer, speaker, podcaster and mental health expert. She will be reminding us of the need to validate our young people's emotions and reactions, rather than soothing them away in a way that doesn't bring any long-term solution or comfort. She will also be explaining how caring what others think is a vital step on the journey to greater self-awareness and self-confidence. [Click here](#) to listen to the podcast.

The Champions' Dinner—Friday 19th November

We are delighted to announce that the Champions' Dinner will be held on Friday 19th November.

Joining us this year is BBC1's Top Gear presenter Chris Harris, who will join us for the whole evening, and will be taking questions from guests.

The Champions' Dinner fundraises for the Martha Bursary Award, which provides a place for a student to study at Howell's Co-Ed College for two years. Named in memory of Martha Pugh, and supported by her

parents Bec and Paul, the award provides a Howell's education to a student who would otherwise not be able to come to Howell's.

This is the final year that we will be holding this event, as Martha's year group leave Howell's next summer, so we are especially keen to make it a night to remember. With that in mind, we would like to invite students in Year 13 to attend for a celebratory evening in Martha's memory.

Tables of ten are available to book now. Tickets are £75 per adult/£50 for Year 13 students, which includes a drinks reception, three course dinner and entertainment. Please don't worry if you don't have a table of ten, we will put tables together.

To reserve tickets, or for further information, please email Hannah Roberts in the marketing department hannah.roberts@how.gdst.net

**THE
CHAMPIONS'
DINNER**

**WITH TOP GEAR'S
CHRIS HARRIS**

**FRI
19 NOV**

In aid of the Martha Bursary Fund
Tickets: £75/£50 for students
Dress code: Black Tie

Have a lovely weekend.

Mrs Judith Ashill, Deputy Principal, Head of Prep School