

Prep School

ROUND UP



Friday 7th May 2021

The Head's Update

We hope you all had a wonderful time over the bank holiday weekend. It has been a fun filled and action-packed week in Howell's Prep School!

Congratulations to Mrs Marley

Mrs Marley welcomed her baby son, Ellis James Marley slightly earlier than expected on Thursday last week. The girls in Year 5 were very excited to hear the news and we all wish Mrs Marley and her family well.



Stepping Stones

The Year 4, 5 and 6 girls have been persevering with their Stepping Stones awards throughout the last two years. There is a special assembly planned at the end of June for the girls to be awarded both last year and this year's badges and certificates. Mrs Matthews would like to collect the portfolios/scrapbooks/PowerPoints on Monday 7th June, please bring them to her on this day.

To find out more about Stepping Stones and for a PDF of the booklet [click here](#).

Marvellous Mathematicians in Howell's Nursery

What marvellous mathematicians we have in Howell's Nursery! This week the girls have become maths explorers. [Click here](#) for more information.

Year 1's Fantastically Creative Number Games

Year 1 have been very busy creating their own games to help them practise their 'Learn Its' number facts. [Click here](#) for more information.

Year 2 Get Gardening

Year 2 had a fabulous time this week visiting the school gardener in the huge greenhouse, as part of their Science topic. [Click here](#) for more information.

Year 6 enjoy a cricket session with Tomos Barry from Cricket Wales

On the afternoon of Friday 30th April, we were delighted to welcome Tomos Barry from Cricket Wales to Howell's to lead a cricket session for students in Year 6. [Click here](#) for more information.

Beauty and the Beast at the Wales Millennium Centre- Thursday 9th December

Our allocation of tickets to the opening night of *Beauty and the Beast* at the Wales Millennium Centre on Thursday 9th December is selling quickly. If you would like to book tickets (£75 each) please email Hannah Roberts in the Marketing Office on hannah.roberts@how.gdst.net.

Mental Health Awareness Week, 10th-16th May 2021



Next week is Mental Health Awareness Week and the focus for this year is 'Nature'. We have all spent a great deal of time on devices and screens recently and we would love to encourage the girls, and their families, to try and reconnect with nature during this next week.

By "nature" we mean any environment in which we can use our senses to experience the natural world. This could include the countryside, a park or garden, coast, lakes and rivers, wilderness, plants or wildlife closer to home. It could also include nature that you can see or interact with in or from your home.

Why not... stop to listen to the birdsong, smell the freshly cut grass, take care of a house plant, notice any trees, flowers or animals nearby, do some bark rubbings, make a collection of natural objects or simply eat outside in the fresh air and use your five senses whilst doing this. Take a moment to appreciate these connections, clear your head and breathe freely. Hopefully the weather will be kind this weekend and we can all get outside to explore our natural environments.

We will be having two assemblies next week, one at the start of the week and one at the end. We would love to see images/videos of the girls exploring nature or receive sound recordings of the nature on your doorstep so please, if you can, send any photos to showandtellassembly@how.gdst.net and we will include them in our assemblies next week. Have a look at the documents below for more information about the week and for ideas upon what you could get up to, you could also visit the website [Mental Health Awareness Week 2021](#) for further information.

[Nature Guide for Students](#)

[Nature Guide for Parents and Caregivers](#)

Wishing you all a relaxing weekend connecting with nature.

Helping Your Child Overcome Maths Anxiety & Build Mathematical Resilience

Mrs Miles our Head of Maths would like to recommend this webinar, *Helping Your Child Overcome Maths Anxiety & Build Mathematical Resilience*, which is aimed at parents of children aged 9 to 14. Using both the latest research and their vast experience in this area, the presenters will explain:

1. What maths anxiety is
2. How to spot the signs
3. Practical strategies to help your child cope
4. Actionable tips on helping them build mathematical resilience

The webinar takes place on Wednesday 12th May at 8pm. You can reserve a place by visiting: https://us02web.zoom.us/webinar/register/WN_qillACidQ7K0PwZ9Tx6tHg

We are looking forward to opening our doors once again to families for our Year 3-Year 6 Open Day tomorrow.

Abby Matthews, Deputy Head of Prep School (KS2)

Louisa Gardner, Deputy Head of Prep School (KS1)

Catherine Scott, Head of Early Years