



The **First 20** is a wellbeing programme designed to ensure that Year 7 students settle into Howell's Senior School academically, socially and with confidence. Over the **first twenty days** students will be introduced to the HeadsUp@Howell's programme and they will also enjoy a variety of activities, presentations and events, supported by their form tutor. We hope that they will feel welcomed, happy and part of the Howell's family as a result of the **First 20** initiative.

<p>Academic</p> <ul style="list-style-type: none"> ▶ MidYis assessment ▶ Close monitoring of all students ▶ Meet new teachers ▶ Learn about new subjects ▶ Habits of Mind introduced 	<p>Social</p> <ul style="list-style-type: none"> ▶ Teambuilding ▶ Year 7 Greeting Lunch ▶ Wellbeing Programme ▶ Wellbeing House event 	<p>Co-curricular</p> <ul style="list-style-type: none"> ▶ Clubs Fair ▶ Clubs timetable ▶ Sporting Clubs ▶ Enrichment Programme ▶ Howell's Award introduced
<p>Parental Engagement</p> <p>To help students, parents and the School work as a team. We will work with parents in the First Twenty days to look at:</p> <ul style="list-style-type: none"> ▶ How to help your daughter use her planner ▶ The Parental Booklet ▶ Welcome Parents' Evening ▶ An introduction to Firefly ▶ <i>A View from the Top</i> ▶ Regular information emails 	<p>Belonging and Wellbeing</p> <ul style="list-style-type: none"> ▶ Treasure Hunt (finding your way around) ▶ <i>How am I coping?</i> survey ▶ Year 7 weekly meeting with Head of Year 7 ▶ Join a House ▶ Meet the Year 7 Team ▶ Introduction to the Wellbeing Team ▶ Introduction to HeadsUp@Howell's ▶ Big Sister Programme ▶ PSHE sessions 	<p>Learning Tools</p> <ul style="list-style-type: none"> ▶ Learning to use your school planner effectively ▶ Introduction to the Library ▶ Introduction to Firefly ▶ Introduction to email account



HOWELL'S SCHOOL
Llandaff

GDST
GIRLS' DAY SCHOOL TRUST

N U R T U R I N G E X C E L L E N C E